

EL/Civics Lesson Plan

Program Name _____ SWCS ABLE _____

Staff Responsible for Lesson _____ Tara Fast _____

Date(s) Used	December 8, 2009
Civics Category	II. Civic Participation
Civics Objective	22. Health-Substance Abuse: Locate and describe available resources in the community for prevention and treatment of substance abuse
Time Frame to Complete Lesson	1hr 50 min
EFL(s)	Level 3 (Intermediate)
Standard(s)/Components of Performance	Read With Understanding, Speak so Others can Understand, Convey Ideas in Writing
Benchmark(s)	R 3.3, R 3.4, R 3.5, S 3.1, W 3.3, W 3.4, W 3.5
Materials	The pamphlet "12 Steps Illustrated" http://www.aa.org/pdf/products/p-55_twelvestepsillustrated.pdf
Activities	<ol style="list-style-type: none"> 1) Instructor will write on the board What is Substance Abuse? And elicit a definition from the class. 2) Students will generate a list of substances abused in their culture. 3) Divide the class into small groups of 2-3. Distribute the 12 Steps Illustrated pamphlet. Each group will review the 12 steps and decide which step they feel is the most important. (Note: the pamphlet focuses on alcohol, but be sure to point out that substances can be abused even in non-alcoholic, such as Muslim, cultures, for example qat for Somalis) Each group will share their opinion with the rest of the class.
Assessment/Evidence	Students will write a paragraph stating whether or not someone they know is a substance abuser and how they would approach this person about the 12-

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	steps.
Reflection	Students will investigate to find the nearest or bilingual Alcoholics Anonymous meeting. They will write the information on an index card to recommend to anyone they encounter in their life who needs those services.