

EL/Civics Lesson Plan

Program Name SWCS ABLE
 Staff Responsible for Lesson Elin Seren

Date(s) Used	December 2011
Civics Category	II. Civic Participation
Civics Objective	28. Nutrition: Access resources for nutrition education
Time Frame to Complete Lesson	1 hour 30 minutes
EFL(s)	Intermediate Level 3
Standard(s)	Read with Understanding/Convey Ideas in Writing Speak so others can understand
Benchmark(s)	R3.1, R3.4, W 3.1, S 3.3 ,S 3.4 S3.5
Materials	Computers & Internet http://montgomery.osu.edu/events/free-nutrition-education-workshops
Activities	<ul style="list-style-type: none"> -Students and teachers can discuss healthy options for the students and their families -Students should explore the website and ask questions about vocabulary they do not understand - Students can generate a list of questions they may have while attending a free class -Students can also create a "wish" list of cooking utensils that they would like to have in their kitchens at home -This website is updated due to the dates/locations of the free nutrition classes -Teacher may have to organize a field trip depending on the location and dates of the free classes offered
Assessment/ Evidence	-Have students write about what they learned from the free class
Reflection	Have students share this knowledge with friends that they learned. Students can also write a list about how this free class changed their outlook on nutrition and how they will cook in the future.